### **2022 Huntington University Wellness Screening**



### What to Expect:

- o You will stop at the registration table to check in and answer a few questions.
- o Then, one of our Wellness Screeners will take your biometrics measurements (height, weight, waist circumference, and blood pressure) and complete your blood draw

Your company has selected the following location(s) & date(s) for your wellness screening:

Date	Time	Huntington University Location
February 23, 2022	7:00am – 8:00am	1819 Carew St, Fort Wayne, IN 3 <sup>rd</sup> floor
February 24, 2022	7:00am – 9:30am	2303 College Ave, Huntington, IN Science Hall lower level

Signups will close at noon on February 9th

The following link will take you to the Huntington University Portal that allows you to schedule your wellness screening

## https://huntingtonuniversity.personalhealthportal.net/login



<u>First Time Portal User</u>: Scroll down and choose "Get Started" if this is your first-time logging into the portal. Validate the information in the system by verifying legal first and last name, date of birth, zip code, and last 4 of SSN/employee id. This information must match the information provided by Huntington University HR system.

**Returning Portal User**: If you are a returning user to the portal, log in using your username and password. If you're unsure of what these are, click 'Forgot Username' or 'Forgot Password' at the bottom. If you do not receive an email with temporary access, please reach out to <a href="mailto:tonya.busche@parkview.com">tonya.busche@parkview.com</a>.

#### **Scheduling your 2022 Wellness Screening**

- 1. On the Home page, locate the "Register for Health Screening" widget.
- 2. Scroll down and click "Registration".
- 3. Next, you will select your preferred screening date from the options and choose your appointment time.
- 4. Click "Register for This Time".
- 5. Select the correct lab packaging. Lab package descriptions found on page 2 of this document.
- 6. Click "Register" and you are finished!

## **2022 Huntington University Wellness Screening**



# **Lab Testing Package Options**

Please review the below testing packages offered to all employees and spouses.

### Parkview Diamond Package (Employee/Spouse on health plan - FREE) (Employee/Spouse not on health plan - \$65)

- Lipid Profile + A1C
- Complete Metabolic Screening Panel: Glucose (Blood Sugar), Sodium, Creatinine, Calcium, Albumin, Bilirubin, Alkaline Phosphatase, AST, ALT, Chloride, Blood Urea Nitrogen (BUN), Protein and Globulin
- Complete Blood Count (CBC), includes:
  - o White Blood Cells, Red Blood Cells, Hematocrit, Platelets, Hemoglobin
- TSH 3<sup>rd</sup> Generation Thyroid Stimulating Hormone-used to diagnose Hyperthyroidism or Hypothyroidism
- PSA-For males over 55, or with a family history of prostate disease and/or cancer

### Additional tests available as add-on to one of the packages above:

- Vitamin D \$10
- Iron \$10
- C-Reactive Protein (a protein that measures inflammation levels in the body) \$10
- B-12 \$10
- Folate \$10

\*Due to the global pandemic and local recommendations – Parkview is currently only accepting card payments for lab testing upgrades. No cash or checks.

#### **Review Results**

Your lab and biometric results from this screening will be viewable in your Huntington University Wellness Portal account within 24-48 hours following your appointment. We encourage you to meet with your primary care provider to review your results.