2021 Huntington University Wellness Screening



- o First, you will stop at the registration table to check in and answer a few questions.
- o Then, one of our Wellness Screeners will take your biometrics (measure your height, weight, waist circumference, and blood pressure).
- o Lastly, a phlebotomist from the Parkview Lab will draw your blood.

Your company has selected the following location & date for your wellness screening:

Date	Time	Location
February 10 th , 2021	7:00am – 8:00 am	Fort Wayne – 1819 Carew St. Fort Wayne, IN 46805
February 25 th , 2021	7:00am – 9:30am	Huntington – 2303 College Ave. Huntington, IN 46750

Signups will close at January 29th at 5:00pm

The following link will take you to the Huntington University Portal that allows you to schedule for your wellness screening.

https://huntingtonuniversity.personalhealthportal.net/

Log into the Huntington University Wellness Portal. Click the link above. Scroll down and choose "Get Started" since this is your first-time logging into the portal. Validate the information in the system by verifying first and last name, date of birth, zip code, and last 4 of SSN/employee id. This information must match the information provided by Huntington University HR system.

Scheduling your 2021 Wellness Screening

- 1. On the Home page, locate the "Register for Health Screening" widget.
- 2. Scroll down and click "Registration".
- 3. Next, you will select your preferred screening location from the options and choose your appointment time.
- 4. Click "Register for This Time".
- 5. Select the correct lab packaging. Lab package descriptions found on page 2 of this document.
- 6. Click "Register" and you are finished!

2021 Huntington University Wellness Screening



Lab Testing Package Options

Please review the below testing packages offered to Huntington University employees and spouses.

Biometrics (Plan members - Free) (Non-plan members - \$15)

- Blood Pressure
- Height
- Weight
- Waist Circumference Measurement

Parkview Diamond Package (Plan members - Free) (Non-plan members - \$50)

- Lipid Profile (Total Cholesterol, HDL, LDL, Triglycerides, Cholesterol/HDL Ratio)
- A1C Glycohemoglobin-used to diagnose Diabetes
- Complete Metabolic Screening Panel: Glucose (Blood Sugar), Sodium, Creatinine, Calcium, Albumin, Bilirubin, Alkaline Phosphatase, AST, ALT, Chloride, Blood Urea Nitrogen (BUN), Protein and Globulin
- Complete Blood Count (CBC), includes:
 - o White Blood Cells, Red Blood Cells, Hematocrit, Platelets, Hemoglobin
- TSH 3rd Generation Thyroid Stimulating Hormone-used to diagnose Hyperthyroidism or Hypothyroidism
- PSA-For males over 55, or with a family history or prostate disease and/or cancer

Additional tests available as add-on to one of the packages above:

- **Vitamin D** (Free for plan members) (\$10 for non-plan members)
- Iron (Free for plan members) (\$10 for non-plan members)
- **C-Reactive Protein** (a protein that measures inflammation levels in the body) (Free for plan members) (\$10 for non-plan members)
- **B-12** (Free for plan members) (\$10 for non-plan members)
- **Folate** (Free for plan members) (\$10 for non-plan members)

^{*}Due to the global pandemic and local recommendations – Parkview is currently only accepting card payments for lab testing upgrades. No cash or checks.